

# **Asset Development**

Research studies have determined that the following assets are strong indicators of healthy and resilient students. Students who have developmental assets in their lives have proven to perform better at school and are more resistant to drugs, alcohol, violent behavior and premature sexual experimentation. Schools that institutionalize strategies that foster these assets and other resiliency factors have the greatest chance of impacting the lives of students in high risk of failing.

## **External Assets**

<b>Support</b>	<b>Boundaries and Expectations</b>
Family support	Family boundaries
Positive family communication	School boundaries
Other adult relationships	Neighborhood boundaries
Caring neighborhood	Adult role models
Caring school climate	Positive peer influence
Parent involvement in schooling	High expectations
Community values youth	Creative activities
Youth as resources	Youth programs
Service to others	Religious community
Safety	Time at home

## **Internal Assets**

<b>Commitment to Learning</b>	<b>Positive Values</b>
Achievement motivation	Equality and social justice
School engagement	Integrity
Homework	Honesty
Bonding to school	Responsibility
Reading for Pleasure	Restraint
Caring	

  

<b>Social Competencies</b>	<b>Positive Identity</b>
Planning and decision-making	Personal power
Interpersonal competence	Self-esteem
Cultural competence	Sense of purpose
Resistance skills	Positive view of personal future
Peaceful conflict resolution	